

## ► Discussion Guide

Use this guide to deepen your faith and stir meaningful conversations with friends and family. Find a Small Group at [brookwoodchurch.org/smallgroups](http://brookwoodchurch.org/smallgroups).  
*We belong together!*

### Opening

Have you ever been caught in a really bad storm? Briefly describe the scene.

### Personal Reflection/Group Discussion

Read [Mark 4:35-41](#) (Reading #78 in *The Life of Jesus*).

1. Jesus said, *let's cross over to the other side of the lake*. Do you think He was aware of the incoming storm? If so, why do you think He led the disciples there?
2. The disciples were fearful ([vs. 40](#)). How do you think they would have acted if they were full of faith?
3. What is your usual first response when faced with trials and challenges?
4. In what specific areas of your life are you tempted to respond with fear rather than faith?
5. Why does Jesus allow storms in our lives?  
*See also* [John 16:31-33](#); [James 1:2-6](#); [1 Peter 4:12-14](#); [5:6-7](#).
6. Have you ever felt like God didn't care about you (see [Mark 4:38](#))? Describe a time when it seemed like God was sleeping or really far away. How did you get through that situation or season? If you are currently lost or confused or fearful, what steps do you think you need to take?
7. Why are the disciples still fearful (possibly *even more* terrified) after Jesus calms the storm ([Mark 4:41](#))?
8. Jesus was likely preparing His disciples for a life of faith and ministry. Can you think of challenging situations that God used to strengthen and prepare you for an important task or mission?

9. What miracles has Jesus done in your life? How can reflecting on these strengthen your faith?
10. Has your faith in God been getting stronger or weaker over the past few months? How can you tell?
11. How can these passages help strengthen your faith?
  - a. [Isaiah 26:3-4](#)
  - b. [Zephaniah 3:14-17](#)
  - c. [Romans 4:20-25](#)

**For further study**, compare [Mark 4:35-41](#) with [Jonah chapter 1](#). What specific details are found in both stories? How are these stories different? How is Jesus *One greater than Jonah* ([Matthew 12:38-42](#); [Luke 11:29-32](#))?

### Soul Training

Read [Philippians 4:6-7](#). Make a list of things that are causing you to experience fear. Tell God about each of these. Tell God what you need and thank Him for what He has already done. Ask Him to fill you with His peace.

### Memory Verse

*Then He said to them, "Why are you fearful? Do you still have no faith?"*

[Mark 4:40 \(HCSB\)](#)

### Daily Reading

Day	<i>The Life of Jesus</i> Reading #	or	Bible Reference
Mar 27	73		<a href="#">Matthew 13:36-43</a>
Mar 28	74-75		<a href="#">Matthew 13:44-46</a>
Mar 29	76-77		<a href="#">Matthew 13:47-52</a>
Mar 30	78		<a href="#">Matthew 18:18, 23-27</a> ; <a href="#">Mark 4:35-41</a> ; <a href="#">Luke 8:22-25</a>
Mar 31	79		<a href="#">Matthew 8:28-34</a> ; <a href="#">Mark 5:1-20</a> ; <a href="#">Luke 8:26-39</a>

### Prepare for Next Sunday

On Sunday, April 2, we'll take a closer look at our mission as followers of Christ. The teaching will come from Reading #83 in *The Life of Jesus*, which is the harmonized version of [Matthew 10:1, 5-42](#); [Mark 6:7-13](#); and [Luke 9:1-6](#).