

### ► Discussion Guide

Spend some time with friends or family giving thanks to God for who He is and all He has done.

---

#### Personal Reflection/Group Discussion

Read [Psalm 103:1-22](#).

1. This Psalm describes several things about who God is and what He's done. Which description or action of God is most significant to you?
2. What is something God has done recently for which you are thankful?
3. Spend time giving thanks to God for what He's done, or for who He is to you.

#### Soul Training

Thank God for something each day this week.

#### Memory Verse

*Give thanks to the Lord, for He is good;  
His love endures forever.*

[1 Chronicles 16:34 \(NIV\)](#)

#### Daily Reading

Day 1: [1 Timothy 4:4-5](#)

Day 4: [Psalm 28:6-9](#)

Day 2: [Psalm 119:25-32](#)

Day 5: [1 Corinthians 1:1-9](#)

Day 3: [Philippians 4:4-9](#)

#### Prepare for Next Sunday

Sunday, December 1, we'll begin a new series titled *Christmas Questions* to prepare our hearts to celebrate the birth of Jesus. In preparation for this first message, read [Luke 1:1-25](#).