

ROOTED

IN THE SPIRIT

Living from Rest

Message 6

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May 18, 2025

► **Outline**

Then God blessed the seventh day and made it holy, because on it He rested from all the work of creating that He had done.

Genesis 2:3 (NIV)

A. Introduction

B. Sabbath

- 1. Is about learning to _____.**
(Exodus 16:21-23. C/R: Genesis 2:2-3)

**2. Is learning to _____ a day with God.
(Exodus 16:23. C/R: Exodus 16:27-29)**

**3. Is about learning to live in _____.
(Exodus 31:16-17)**

Devotionals, Group Guides, Outlines and other resources based on this message are available at brookwoodchurch.org/messages or the Brookwood Church app.

Answers: B. 1. rest 2. spend 3. joy

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