

Celebrate Recovery®

STEP STUDY EXPECTATIONS

To be given to participants upon registration and signed at the first meeting

Step Studies are the heart of the Celebrate Recovery program. This is where the hard work of an individual's recovery is done. Hence, doing the work, productive sharing, and being committed to the Step Study group are crucial elements that will change lives and lead to recovery as we pursue a relationship with Jesus.

While we don't keep attendance at the Thursday night Celebrate Recovery meetings, we encourage you to regularly attend those meetings as part of your healing during the Step Study process.

Important Components of a Celebrate Recovery Step Study:

- Step Studies exclusively use the Celebrate Recovery Participant Guides, C.R. Study Bible and C.R. Daily Devotional.
- Step Studies meet weekly for 1 ½ -2 hours for approximately 6-10 months.
- Members of the Leadership T.E.A.M. may occasionally participate in your group for launching the study, accountability, and encouragement. Facilitation of the meeting, however, will be done by the group leaders.
- On occasion, a regular meeting may be substituted for attendance at an open Celebrate Recovery training.

It is important that the participants of a Step Study work closely together in accountability. To help that process, please review and sign the group expectations on the back of this form.

I AGREE TO THE FOLLOWING STEP STUDY GROUP EXPECTATIONS

- Participants must share their answers from the Participant Guides. Thoughtfully prepared responses are written prior to the meeting and read during sharing time. Participants are expected to complete the homework every week.
- There is a high level of accountability. A sponsor should be selected by the 4th step. A strong accountability partner may serve that role if a sponsor cannot be found.
- Weekly attendance, being on-time, and staying for the whole meeting is expected. Prior to joining the group, future known absences within reason (e.g. pre-planned travel, medical etc.) must be pre-approved by the Step Study leaders with guidance from the Leadership T.E.A.M. To cover unanticipated needs and urgent situations after that, a maximum of three absences will be allowed and the missed work must be made-up with a step study leader. Beyond this, unapproved absences require a meeting with ministry leaders to assess continued participation.
 - For the sake of your own recovery, you may be asked to start over in a new Step Study if there are excessive absences or you are unable to complete the work.
- Follow the five small group guidelines
- Because there may be people with food issues in your group (and because you can't truly focus on the sharing while eating), food is not allowed during the meeting. We do, however, encourage you to spend time together in fellowship outside of Step Study meeting time.
- To be respectful to those sharing, please completely shut down your cell phones during the meeting. If you are expecting an urgent call, please inform the group leaders and leave your phone on vibrate. If you need to take a call for an emergency, please step out of the room.

It is important for you to know that group leaders and the Leadership T.E.A.M. will do everything we can to help you succeed. It is our goal to see everyone complete their step study, but if situations arise that require review of these expectations, the group leaders, Training Coaches and Leadership T.E.A.M. will work together to incrementally address the problem and assess whether a participant would be better served by restarting the steps in a new group. There are, however, serious circumstances (e.g. cases where there's been a breach of confidentiality, threats, purposeful undermining of the program/church/leadership) where participants may be asked to step out of the group by the Leadership T.E.A.M. and offered a Restoration Plan.

Participant Name (Please Print)

Participant Signature and Date